

IMPLEMENT AN EVIDENCED-BASED PROGRAM FOR GIRLS

GIRLS CIRCLE FACILITATOR TRAINING

OCTOBER 6-7, 2016 SOMERVILLE, NJ



Promoting Strengths and Resiliency in Girls and Young Women. The Girls Circle® model is designed in the evidenced based principles of motivational interviewing and strengths based approaches, is trauma responsive, culturally responsive, gender transformative, and utilizes restorative practices.

IN A 2015 STUDY GIRLS CIRCLE REACHED EVIDENCE-BASED STATUS, PROVEN TO REDUCE DELINQUENCY FOR GIRLS.

A Workshop for Adults Across All Sectors including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

Credits Offered: 13 CE Hrs. Approved provider by NASW (In NASW approved states); CA-STC for Corrections, CA-BBS for MFT, LCSW, LEP & LPCC; CA-RN; OH-CSWMFT Board; and for CAADAC counselors; 1 College Credit through Sonoma State University, apply at training

Training Outline: Day One: Theoretical Framework, The Six Step Circle Format, Creating Trust, Bonding & Cohesion, Handling Challenging Group Dynamics. Day Two: Primary Role of the Facilitator, Research, Effective Facilitation Skills, Enhancing Critical Thinking and Healthy Decision Making

LOCATION: Somerset County Human Services Building, First Floor Conference Room, 27 Warren Street, Somerville, NJ 08876

TIME: 8am*- 4:30pm, both days

HOSTED BY: Somerset County Office of Youth Services

COST: \$350 by Sept. 8th, \$400 after Sept. 8th

**Registration begins at 8am, training starts at 8:30am.*

Registration includes Facilitator Manual and continental breakfast. Attendance required on both days. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning on Day Two. Not redeemable with previous purchases. Scholarship application available on the training page at OneCircleFoundation.org.

REGISTER AT ONECIRCLEFOUNDATION.ORG OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manualized curricula. Girls Circle®, The Council for Boys and Young Men®, and Women's Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships.

Read more on our Models & Research at www.OneCircleFoundation.org.

TRAINING DATE _____ LOCATION _____

TRAINING MODEL (GIRLS CIRCLE / THE COUNCIL / ADVANCED) _____

NAME _____ TITLE _____

ORGANIZATION _____

TYPE OF PROGRAM (i.e. SCHOOL, JUVENILE JUSTICE, etc.) _____

ADDRESS _____

CITY _____ STATE/PROV. _____ ZIP/PC _____ COUNTRY _____

DAYTIME PHONE _____ CELL PHONE _____

EMAIL _____

HOW DID YOU HEAR ABOUT US? _____

REGISTRATION FEES – ATTENDANCE REQUIRED BOTH DAYS	QUANTITY	TOTAL
\$350 per Participant 30 days prior to training, \$400 within 30 days of training date.		
CURRICULA ORDERING (Optional, See Next Page for Information)		
1.		
2.		
3.		
(Tax only applies to curricula shipped to California. Rate: 8.5%) TAX:		
(The cost of shipping curricula varies, call for rates. Ships within 48 hours of receiving payment or purchase order.) SHIPPING:		
GRAND TOTAL:		

PAYMENT METHOD: Check# _____ P.O.# _____ Credit Card Type (all accepted) _____

CREDIT CARD# _____ - _____ - _____ **EXP:** ____/____ **CVS#:** _____

BILLING ADDRESS (if different): _____

SIGNATURE: X _____

SEND REGISTRATION FORM AND FEES PAYABLE TO:
ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901
 FAX: (415) 448-5459 | EMAIL: INFO@ONECIRCLEFOUNDATION.ORG | CALL: (415) 419-5119

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training. A \$50 administrative fee will be charged for cancellations within two weeks of training. No refunds within one week of the training. For more information visit www.OneCircleFoundation.org.



GIRLS CIRCLE CURRICULA

These curriculum provide facilitators with everything they need to run a strengths-based program for girls and create a safe space to address risky behaviors, build on protective factors, and improve relationships. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. www.OneCircleFoundation.org | (415) 419-5119 | Fax: (415) 448-5459



BODY IMAGE

8 SESSIONS, Ages 12+. Examines cultural messages and personal beliefs that influence body image. Raises awareness, and explores underlying causes of poor body image. \$110



MY FAMILY, MY SELF

8 SESSIONS, Ages 12-18. Examines development within a family and offers the chance to acknowledge the many gifts and challenges of growing up within the family unit. \$110



MIND, BODY, SPIRIT

12 SESSIONS, Ages 12-16. Promotes resistance skills to high-risk behaviors by addressing drug use and healthy sexuality. \$160
MENTE, CUERPO Y ESPÍRITU GUIA PARA LATINAS - In English & Spanish! \$190



WHO I AM

8 SESSIONS, Ages 14-18. Examines identity, assertiveness, and goal setting through role-play, mandala making, music, and more. Very well received by high school girls. \$110



RELATIONSHIPS

10 SESSIONS, Ages 13-18. Enhances awareness of relationships with self and others. Themes include "Expressing Myself," "Romantic Relationships," & "Girlfights or Girlfriends." \$140



EXPRESSING MY INDIVIDUALITY

8 SESSIONS, Ages 11-15. Celebrates individuality, diversity, getting along with others, and addresses goals, conflict styles, individual wellness, and taking time to relax. \$110



BEING A GIRL

8 SESSIONS, Ages 11-13. Introduces the positive experience of a support circle addressing topics such as "Growing Up Female," "Growth and Self-Care," & "Female Role Models." Great for middle-school girls. \$110



PATHS TO THE FUTURE

12 SESSIONS, Ages 12+. For at-risk or court-involved girls. Examines beliefs and actions about trust, authority figures, sexuality, dating violence, HIV, drug abuse, stress and goal-setting. \$160



FRIENDSHIP

8 SESSIONS, Ages 9-14. Groundbreaking guide that shores girls up with strong interpersonal skills, addresses exclusion and feuding and knocks down barriers to pride, confidence, and empathy. \$110



HONORING OUR DIVERSITY

12 SESSIONS, Ages 11-18. Recognizes girls' varied cultural, ethnic, and racial backgrounds while emphasizing positive identity and alliance building. Includes a journal. \$160



WISE & WELL

8 SESSIONS, Ages 12-18. Addresses current challenges such as cyberbullying, social media, binge drinking, marijuana use, mental health, and more. Inspires eyes wide open and minds sharp and aware. \$110



MOTHER-DAUGHTER CIRCLE

8 SESSIONS, Ages 11+. Mothers or Female Caregivers join their daughters to strengthen their bonds through shared listening, creative expression, and skill building. \$160



THE GIRLS CIRCLE COMPLETE SET

Rich with skill-building themes that promote critical thinking in all areas of girls' lives. Includes all 12 Activity Guides, the Facilitator Manual and the Evaluation Tool Kit. A Value of \$1,728 – Priced at \$1,550 (10% Off.)

GIRLS CIRCLE FACILITATOR MANUAL Start your Girls Circle journey here by learning the guiding principles, theoretical framework, and foundational structure of the Girls Circle program. Included with registration to the Girls Circle Training. \$99

GIRLS CIRCLE EVALUATION TOOL KIT Developed specifically for Girls Circle and contains all you need to measure outcomes in conjunction with any combination of the Girls Circle Activity Guides. \$79